Trinity Manor
SEPTEMBER NEWSLETTER 2017

Haute Couture at the NGV: 70 Years of Dior

For the first time since 1948 a collection from the House of Dior, one of the most prestigious haute couture houses, is coming to Australia in the spring of 2017.
Hello Everyone,

Well my poor Doggie's did not get over the line to be in the Football Finals again this year—but we are forever hopeful for 2018.

Which means that we are gearing up for our fabulous Footy Finals Luncheon. Our luncheons are very popular which will see us capping the number of guests, please get your bookings in early—you will find the Booking Form at reception. If you wish me to email you a booking form please do not hesitate to contact me.

Elders had enormous fun at our Beer Festival, hosted by Josh. With Beer Stein in one hand and pretzels in the other how could it not otherwise be a great Festival! The afternoon was not all about drinking the amber liquid, it was also a walk down memory lane and learning more about the history of beer making in Australia.

Cinzia hosted our High Tea saying good bye to Winter, always a fabulous afternoon that Cinzia puts a lot of time and research into ensuring Elders enjoy the afternoon, with care taken in setting tables with our fine China and that the information researched is of interest.

We hosted 3 young men from Trinity Grammar, Josh, Matthew and Adam who are all in Year 9. The week went incredibly fast and all boys joined us for all manner of activities, conversations and assistance behind the scenes to the Lifestyle Team. The boys stated they loved the Lifestyle Program and stated that Trinity is a lovely home that they enjoyed the environment stating “it is a bit like a lifestyle village, that we all keep so engaged throughout the day” All stated they loved the mix of animals—birds, dogs and fish and that we follow the Eden Philosophy principles.

The 4 year old kinder children will visit for the last time this year, many will have turned 5 and preparing to join School in 2018. It is such a journey to meet these children when they are 3 years then 4 years and onto the next stage in their young lives. It will be sad but we don’t have time to let that affect us for too long as in October we commence hosting the new group of 3 year olds !!!

We highlighted in last month’s newsletter a visit by Pauline Meaney who is an Elder Advocacy Consultant. Unfortunately that date of 24th needed to be changed to 7th September. We invite Elders, their Families, friends and any other interested party’s to join us, gather information and understand your rights and how your rights can be supported.

An initiative that came from our Elders / Relatives meeting is to create a Focus Group with Elders. The Focus Group is a gathering of Elders who have agreed to participate in planned discussions. Our 1st meeting occurred on Thursday 24th August where we focused on Elders involvement in the Orientation of New Staff Members, and ability to take part in Staff Meetings. It was robust and great ideas came from this group.

Other ideas that was discussed in the Elders / Relatives meeting is to host special Dinner Evenings for Elders & Family, these discussions are underway with Matt, our Chef and Elders involvement in the planning. We are hoping to announce a Dinner Evening when the weather warms up! Minutes of this meeting and others are always located on each Bulletin Board for your perusal.

Your Lifestyle Team is having a Planning Day for 2018. Please be patient with us on this day so that we can look ahead in providing a robust Activity Calendar for 2018. Please remember to look out for our Weekly Activities Planner to see what is happening for the week and also keep an eye out for special Posters too. As always we look forward in receiving any suggestions you may have to include in our Activity Program for 2017. Remember to look us up on Facebook and give us a big thumbs up!

We hope you enjoy the September newsletter.
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Sept</td>
<td>Denise – Clinical Masseuse Here Today</td>
</tr>
<tr>
<td>1st Sept</td>
<td>Tai Chi – 10.30am – 11.30am – Reflection Room</td>
</tr>
<tr>
<td>1st Sept</td>
<td>Leathermaking Workshop – 2.00 – 3.30pm – Reflection Room</td>
</tr>
<tr>
<td>3rd Sept</td>
<td>New Christian Youth Group – 10.30 – 11.45am – Reflection Room</td>
</tr>
<tr>
<td>4th Sept</td>
<td>Bingo – 10.30 – 11.30am – Reflection Room</td>
</tr>
<tr>
<td>4th Sept</td>
<td>Laurel McKenna Entertains – 1.15 – 2.15pm – Lower Ground Floor</td>
</tr>
<tr>
<td>4th Sept</td>
<td>Omega Potts – Music Therapy – 1.30 – 2.15pm – 1st Floor</td>
</tr>
<tr>
<td>5th Sept</td>
<td>Gym Group with Physio – 10.30 – 11.30am in Gymnasium</td>
</tr>
<tr>
<td>5th Sept</td>
<td>Fran, Beauty Therapist Visits Today – Everywhere</td>
</tr>
<tr>
<td>5th Sept</td>
<td>Book Reading Group with Chris – 1.00 – 2.30pm – Reflection Room</td>
</tr>
<tr>
<td>6th Sept</td>
<td>Hairdressers here today – Beauty Salon – Lower Ground Floor</td>
</tr>
<tr>
<td>6th Sept</td>
<td>Gym Group with Physio – 10.30 – 11.30am in Gymnasium</td>
</tr>
<tr>
<td>6th Sept</td>
<td>Brain Challenge Activity – 10.30 – 11.30am – Lower Ground Floor</td>
</tr>
<tr>
<td>6th Sept</td>
<td>Huxley – Delta Therapy Dog – Visits Everywhere Today</td>
</tr>
<tr>
<td>7th Sept</td>
<td>Movie of The Week – 1.30 – 3.00pm – Reflection Room</td>
</tr>
<tr>
<td>7th Sept</td>
<td>Carpet Bowls with Janine – 10.30 – 11.30am – Lower Ground Floor</td>
</tr>
<tr>
<td>7th Sept</td>
<td>An Afternoon with Pauline Meaney from Elder Rights Advocacy Group</td>
</tr>
<tr>
<td>7th Sept</td>
<td>interesting information for Elders, Family &amp; Friends – 1.30 – 2.30pm +</td>
</tr>
<tr>
<td>7th Sept</td>
<td>Afternoon Tea – Reflection Room</td>
</tr>
<tr>
<td>7th Sept</td>
<td>Catholic Mass with Father Jacob (other Denominations welcome) – 3.00 –</td>
</tr>
<tr>
<td></td>
<td>3.45pm – Reflection Room</td>
</tr>
<tr>
<td>8th Sept</td>
<td>Bus Outing – Scenic Drive with Dave &amp; Cinzia – Board the Bus After</td>
</tr>
<tr>
<td></td>
<td>Afternoon Tea.</td>
</tr>
<tr>
<td></td>
<td>8th Sept</td>
</tr>
<tr>
<td>8th Sept</td>
<td>Tai chi – 10.30am – 11.30am – Reflection Room</td>
</tr>
<tr>
<td>8th Sept</td>
<td>Knit N Natter with Volunteers – 2.00 – 3.00pm – Reflection Room</td>
</tr>
<tr>
<td>11th Sept</td>
<td>Bingo – 10.30 – 11.30am – Reflection Room</td>
</tr>
<tr>
<td>11th Sept</td>
<td>Armchair Lecture with Cinzia – 1.30 – 3.00pm – Reflection Room</td>
</tr>
<tr>
<td>12th Sept</td>
<td>Gym Group with Physio – 10.30 – 11.30am in Gymnasium</td>
</tr>
<tr>
<td>12th Sept</td>
<td>Book Reading Group with Chris – 1.00 – 2.30pm – Reflection Room</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Hairdressers here today – Beauty Salon – Lower Ground Floor</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Gym Group with Physio – 10.30 – 11.30am in Gymnasium</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Brain Challenge Activity – 10.30 – 11.30am – Lower Ground Floor</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Huxley – Delta Therapy Dog – Visits Everywhere Today</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Fun &amp; Fitness with Josh – 1.30 – 2.30pm – Reflection Room</td>
</tr>
<tr>
<td>13th Sept</td>
<td>Catholic Communion – 3.00pm – 3.30pm – Reflection Room</td>
</tr>
<tr>
<td>14th Sept</td>
<td>Yongala 4 Year Olds Intergenerational Program – Last Visit at Trinity</td>
</tr>
<tr>
<td></td>
<td>before School Year – 10.00 – 11.30am – Lower Ground Floor</td>
</tr>
<tr>
<td>14th Sept</td>
<td>STAFF MEETING – 12.30 – 2.30PM</td>
</tr>
<tr>
<td>14th Sept</td>
<td>Movie of The Week – 1.30 – 3.00pm – Reflection Room</td>
</tr>
</tbody>
</table>

Remember to View the Weekly Lifestyle Activity Planner & Board for further information of other Activities Offered, plus look at Reception for Special Event Posters.

Suitable Activities offered in 1st Floor from 9.30 till 4.00pm

Suitable Activities offered in Garden Court from 9.30 till 11.30am – 3.15 till 4.00pm

Genazzano Students Visit this School Term
15th September — Denise — Clinical Therapist Here Today
15th September — Tai Chi with Priti — 10.30–11.30am — Reflection Room
15th September — LIFESTYLE PLANNING DAY FOR 2018 — Activities with Care Staff today.
18th September — Bingo — 10.30–11.30am — Reflection Room
18th September — Omega Potts Music Therapy — 1.30–2.15pm — 1st Floor
18th September — Documentary — 1.30–3.00pm — Reflection Room
19th September — Visit by Representatives of Accreditation Agency
19th September — Gym Group with Physio — 10.30–11.30am in Gymnasium
19th September — Fran, Beauty Therapist Visits Today — Everywhere
19th September — Book Reading Group — 1.30–3.00pm — Reflection Room
20th September — Visit by Representatives of Accreditation Agency
20th September — Gym Group with Physio — 10.30–11.00am in Gymnasium
20th September — Hairdressers here today — Beauty Salon
20th September — Huxley — Delta Therapy Dog — Visits Everywhere Today
20th September — Brain Challenge Activity — 10.30–11.30am — Lower Ground Floor
20th September — Sarah Landy — Songstress of the Australian Stage Entertains — 1.30–2.45pm — Lower Ground Floor
20th September — Catholic Communion — 3.30–4.00pm — Reflection Room
21st September — Carpet Bowls with Janine — 10.30–11.30am — Lower Ground Floor
21st September — Classical Music Appreciation with Peta — 1.45–3.00pm — Reflection Room
21st September — Bus Outing — Scenic Drive with Dave & Cinzia — 2.30—3.00pm
22nd September — Denise — Clinical Therapist Here Today
22nd September — Tai Chi — 10.30–11.30am — Reflection Room
22nd September — Knit n Natter with Volunteers — 2.00–3.00pm — Reflection Room
25th September — Bingo — 10.30–11.30am — Reflection Room
25th September — Setting up for Football Finals Luncheon — 12.30 til 4.00pm
26th September — Gym Group with Physio — 10.30–11.30 in Gymnasium
26th September — Football Finals Luncheon with Brent Parlance Entertaining — 12.00–2.00pm — Lower Ground Floor
27th September — Gym Group with Physio — 10.30–11.00am in Gymnasium
27th September — Hairdressers here today — Beauty Salon
27th September — Huxley — Delta Therapy Dog — Visits Everywhere Today
27th September — Brain Challenge Activity — 10.30–11.30am — Lower Ground Floor
27th September — Catholic Communion — 3.30—4.00pm — Reflection Room
28th September — Carpet Bowls with Janine — 10.30–11.30am — Lower Ground Floor
28th September — Café Bus Outing with Dave & Cinzia — 2.15pm
28th September — Movie of The Week — 1.30—3.00pm — Reflection Room
29th September — Denise — Clinical Therapist Here Today
29th September — Tai Chi — 10.30–11.30am — Reflection Room
29th September — Afternoon of Xmas Craft — 1.30–3.30pm — Reflection Room
Germany has its Beer Festival and not to be outdone - Trinity has its own festival celebrating International Beer Day with Pretzels & Beer to wash it all down. We had a fabulous afternoon—it was not all drinking various Australian beer, it was also learning about the history of beer in Australia.

**Did you know:**
The history of Australian beer starts very early in Australia’s colonial history. Captain James Cook brought beer with him on his ship Endeavour as a means of preserving drinking water. On 1 August 1768, as Cook was fitting out the Endeavour for its voyage, Nathaniel Hulme wrote to Joseph Banks with a recommendation:

"a quantity of Molasses and Turpentine, in order to brew Beer with, for your daily drink, when your Water becomes bad. ... Brewing Beer at sea will be peculiarly useful in case you should have stinking water on board; for I find by Experience that the smell of stinking water will be entirely destroyed by the process of fermentation."

Lager was not brewed in Australia until 1885. Early beers were also brewed without the benefit of hops, as no-one had successfully cultivated hops in Australia and importation was difficult. James Squire was the first to successfully cultivate hops in 1804, and he also opened a pub and brewed beer.

The oldest brewery still in operation is the Cascade Brewery, established in Tasmania in 1824. The largest Australian-owned brewery is the family-owned Coopers Brewery, the other two major breweries are Foster's Group and Lion Nathan.

Who Remembers seeing the Carlton Draft Horses pulling the cart full of beer barrels around Melbourne!
After learning about Beer and its history, watching some old Advertising of Beer was very thirsty work !!! Um we all somehow slept well that night.
Look at this Ocker!

Josh in the Australian Blue Singlet of the Historic Daly Waters Pub
Update on our International Community Knitting Project for 2017.

Our fabulous Knitting Group, spear headed by our 3 amazing Volunteers, Joan, June and Betty have been busy knitting squares for knee rugs for Rotary International’s Wheelchairs for Kids Project. A little about the project:

Rotary saw a need to build and supply wheelchairs to impoverished and disabled children in developing countries across the world. To the kids that receive the chairs, the result is life changing. Where previously many of them had to be carried, they now have freedom to move.

The gift of the chair is the gift that keeps giving. By giving the child mobility, not only do they gain some freedom, but also the opportunity for an education. Their carer is also freed to work to help support the family.

These wheelchairs are built specially for rough terrain, adjustable for the child’s size, with postural supports, head rest, harness, a waterproof cushion, tray, tool kit, plus a knee rug and a knitted toy.

A very big thank you to our Knitting Group who have completed 7 Rugs to be give to Rotary to be included in the gifts for these children.
Yeah! Laurel has become more of a friend to us and we delight each time she visits with her playlist, her smooth voice bringing many memories along with it.

Laurel will be with us again for our Father’s Day concert, we can hardly wait!
High Tea is always an Occasion to enjoy the finer things in dining. Chef Fiona put on a spread of Chocolate Fairy Cakes, Tarts, Petit Fours and Dainty Sandwiches.

Gaby *(Blanka’s daughter and valued Helper)* was a perfect Assistant Hostess to serve Tea and Treats to all the Elders.

Is this all for Me?’ asked Dawn *(looking innocent)*

Wilma and Renee enjoying a Nice Cuppa . . *or two?*
**WINTER DISPLAY** includes: **Winter Veggies** – Celeriac, Kale & Pumpkin. **Winter Fruit** * All the Citrus fruit including Blood Oranges and my favourite Tangelos (I call them Belly Button Fruit . . . have a look at them next time you’re in the Fruit Shop). **Winter Foliage** - Gum Nut Branches and Golden Wattle

Bernie, always the Gentleman, serves the Ladies

Stuart can listen intently to my Lecture and eat at the same time!

It was nice that Angelikki’s husband, Spiros could join her

The Ladies having a good chat and a laugh
More ‘Happy Faces’  I think Connie and Liz got the ‘Best Seats in the House’  

Bernie was eyeing off the Chockie Fairy Cakes . . .hmm two left!  

Gaby serves her Mum and Dad (Blanka & George)  

Scent of Daphne is Winter to me  

‘Mystery Taste Test’  
I always like to bring in something to bamboozle the Audience! The Elders were impressed with the taste of the Kale and Spirulina Chips (I would have liked to scoop them in Avocado Dip) Yum!  
When I set out to Research the Themed Lecture - My Aim is to capture ‘That Look of Wonder and Amazement’ on their faces.  

See how many of the following Questions you can answer!  

~ Do You Know which Country in the World has the highest Snow Falling in one year?  Answer: Japan  

~ Can you guess where it snows where you least expect it?  Answer: Sahara Desert and Hawaii  

~ Which Animals change the color of their fur – from Snow White in Winter to a top coat of Light brown in Summer?  Answer: The The Snowshoe Hare and the Artic Fox.  

~ What day of the Year was the Day of Winter Solstice this year?  Answer: Wednesday, 21st June Solstice Time = 14:23 :25secs.  Sunrise at  7:35:43secs.  Sunset =  5:08:15secs.  

As I say to all the Elders – ‘We are never too Old to Learn’!  

Ciao Cinzia
Trinity welcomed 3 Students from Trinity Grammar for one week as they were undertaking their Community Service Week.

Josh, Matthew and Adam were delightful young men who quickly built a rapport with Elders. All were engaged in various activities with us, the week went by so quickly that it was quite sad to say goodbye to them. We all had a wonderful week. Thanks Josh, Matthew and Adam!!

The boys spent one to one time with Elders and involved in physical activities.

Don’t worry, Kay is not aiming the Nerf gun at the boys—just some target practice.
There was Brain Game Challenges—Word from A Word —was it the boys that urged our Elders on in that we broke our own record of word search—62 words that we discovered in the word Federation!
Men’s business—we introduced the boys to Prof Ian, Dr Leon and Herb. Great discussions amongst the group on life and business principles.

Joan & Morrie enjoying some Physical Activity of our Pool Noodle & Pool Buoy threading game—although it seems that they truly took the threading part literally!
Josh introduces Mora to the world of taking a Selfie

Flowers may not be in bloom but that does not stop us from organising color in our home through other means through artificial floral arranging
Inaugural Elders Focus Group gets together with Kath our newest volunteer assisting. Our first discussion is involvement in Orientation of new staff. Thank you to Helen who supplied us with her Dobson writing pads for the occasion too!
Thank you to Peta who send the following in to be included in Carl’s Corner:

The Owl and His Shepherd

Ingo, a Belgian shepherd, and Poldi, a one-year-old owlet, share a very special bond which is evident in the following photos.

For years, photographer Tanja Brandt has made it her mission to capture magnificent photos of animals and wildlife. Recently, the German artist found a new challenge when she photographed the unique bond between two unlikely friends: Ingo, a Belgian shepherd, and Poldi (Napoleon), a one-year-old owlet. The owlet and canine have a special “protector-protected” relationship and that their affection towards each other couldn’t be any more evident.

Ingo lovingly guards Poldi, who apparently “doesn’t know how to live free.”

The owlet hatched two days after his six brothers and sisters, therefore, has always been very vulnerable due to his small size. Comparatively, Ingo was raised to by a family of strong, and oftentimes ruthless, police dogs.

“They respect each other and they can read each other,” says the photographer.

Following are some adorable photos of the unlikely best friends:
Big Birthday Wishes to our following Elders coming up in September 2017

Bunty B.  13th  Shirley D  18th
Ian McD  23rd  Angelina R.  24th
George B.  27th  Shirley R.  27th

Happy Birthday to Bruce who celebrated with his beautiful wife and daughter

Happy Birthday Wishes to Herb celebrating with Liz, Josh & Cinzia
Betty celebrated her birthday with the friends she has made at Trinity with her niece, Deb joining the group. So we decided to host this in Café Westbury. Betty was thrilled in having a Birthday Party with her friends and family.

And what goes great with Chocolates?
Champagne of course!
Trinity Manor has an active Health and Safety Program and has systems in place to identify and eliminate/control hazards. If an elder or visitor identifies a hazard please inform staff verbally or complete an Improvement Form for us to follow up. Please ensure your own safety and that of other elders and staff by being mindful of closing doors behind you.

Staff have been trained for emergency procedures. In the event of an emergency, for example fire, follow staffs instructions. Emergency practice drills are conducted each year. You may be asked if you would like to participate.

Trinity Manor is well protected with its advanced and extensive fire detection and fire fighting installations. However, it is recommended that you familiarise yourself with the fire exit locations.

If you hear fire alarm sounding, please await instructions from a staff member.

Please remember in the event of a fire:

- **DO NOT USE THE LIFTS**
- **REMAIN CALM**
- **PRESS THE NURSE CALL BUTTON TO ATTRACT THE ATTENTION OF A STAFF MEMBER**

If you are evacuated, please:

- **Remain calm**
- **Leave all belongings behind you**
- **Follow the instructions of the staff member**
- **Go to the designated assembly area and await further instructions**
- **Any visitors or family with an Elders at the time of a Fire or Emergency are also requested to remain in your room and await instructions from staff to ensure an ordered response to emergency procedures.**

Please note, for Nursing Only Queries:

Direct Phone number for Care Manager
Ground Floor is 9091 5244

Direct Phone number for Care Manager
First Floor is 9091 5299

Main Reception Number for all other General Enquiries is 9091-5200

**BOOKING OF CAFÉ WESTBURY**

It is wonderful to see families celebrate special occasions with their Elder. As a reminder to everyone, for 3 or more people, we do require you to use the Café Area and fill a booking form. You can have our wonderful Chef prepare food for you or you can bring in your own delights.

This is for the convenience towards other Elders whilst they go about their day to day activity.

So please, for 3 or more people celebrating, we do ask you to book and use the Café Area; note this does incur a cleaning charge.

For a booking form just ask Joseph Chacko or Lifestyle Staff who will be able to organize one to be either e-mailed or collected.

**VISITORS SIGN IN BOOK**

**LOCATED AT RECEPTION**

Visitors are reminded that ALL visitors need to sign the visitor’s book on your way IN and OUT of the facility. Not only will this enable us to account for everyone in the case of an emergency, such as fire, but it is an OH&S requirement. The book is located in the entrance foyer.
We love to see relatives and visitors join Elders for a meal. However, a reminder for you—please remember that we require you to order your meal a minimum of 2 hours prior to a Lunch or Dinner Meal and collect a Meal Voucher to present to catering staff. You can book days ahead too!! All Elders are served their meals first then those that have pre-ordered their meals. In not ordering prior to a meal we cannot guarantee that there will be a meal there for you and hence cause disappointment.

Please help us to enable you to have an enjoyable meal at Trinity Manor.

ELDERS OUTINGS & HOME VISITS
When Elders relatives organize to take their loved one home or out for outings, it is important to please let the Care Manager know for our information so that they can assist you in any particular needs and provide any medications required.

Elders must be signed out whenever they leave the facility and signed back when you return.

See Care Manager for appropriate form based in Elders file.

FOOD BROUGHT IN:
If visitors bring food for the Elders, please see the Care Manager first, as specific forms in Elders files must be completed. High Risk foods like meat, fish and dairy will be discarded if not eaten immediately.

Cooked food brought in, again, must be eaten immediately and cannot be stored. Non-perishable items such as biscuits, must be in a sealed container, labeled and must be dated if kept in the Elders room.

We ask Visitors not to give brought in food to other Elders not only because of the food safety requirements but because the resident may have a medical condition or allergies that may prevent them from eating the food including the possibility that they may choke.

Another reminder, please check with us for any mail that may have arrived.

Mail addressed to elders is kept in the Nurse’s station, both 1st Floor and Ground Floor areas. Next time you are in just ask one of the staff to check for you.

Deepdene Pharmacy is the Pharmacy Group who supplies all medications. Drop in and see them, they are a friendly group and they are just up the road on the corner of Pretoria St and Whitehorse Road.

For Queries Contact:
9817 2018

ELDERS & RELATIVES MEETINGS
A reminder to please put the below dates in your calendar for 2017

All Elders and Relatives are most welcome to attend these meetings and contribute to our continuous effort to make this Home the best place for our Elders to live.

TUESDAYS
♦ 13th June
♦ 8th August
♦ 10th October
♦ 12th December

Time is 10.30am, held in Lower Ground Floor

Trinity Manor 8-14 Pretoria Street, Balwyn, 3103 PH:9817-2838
Many Australians observe Father’s Day on the first Sunday of September. It is a day for people to show their appreciation for fathers and father figures.

Father figures may include stepfathers, fathers-in-law, guardians (eg. foster parents), and family friends.

Background
There are some suggestions that the idea of Father's Day may originate in pagan sun worship. Some branches of paganism see the Sun as the father of the universe.

Father’s Day in Australia occurs on the first Sunday of September. Father’s Day in some countries is on the third Sunday of June, which is close to the June solstice.

The idea of a special day to honor fathers and celebrate fatherhood was introduced from the United States. A woman called Sonora Smart Dodd was inspired by the American Mother's Day celebrations and planned a day to honor fathers early in the 20th century. The first Father's Day was celebrated in Spokane, Washington on June 19, 1910. Father’s Day has become increasingly popular throughout North America and other parts of the world over the years.

HAPPY FATHER’S DAY TO ALL THE DAD’S AND GRANDFATHER’S, GUARDIANS AT TRINITY MANOR